

Registration

April 28 • 7:30 a.m. - 5 p.m.
Aquatic Complex

As of April 29, registration will be taken at all pools during operational hours.

Mandatory Requirement for Lesson Registration

All participants, ages 3 and older, registering in a Level II class or higher, must present a skills card from prior lessons, or obtain one by being pre-tested at the Aquatic Complex.

NO EXCEPTIONS!

Testing is available:

Monday through Friday
2 to 4:30 p.m.

Saturdays & Sundays
1 to 4 p.m.

8 Classes: \$60 • 6 Classes: \$45
Parent & Child Classes: 30 min • All other classes: 45 min.

City of Coral Springs SUMMER 2018 Learn To Swim Program

With American Red Cross Certified Instructors



Aquatic Complex

12441 Royal Palm Blvd. • 954-345-2121

Cypress Pool

1300 Coral Springs Drive • 954-345-2109

Mullins Park Pool

10180 Ben Geiger Drive • 954-345-2170



CLASS DESCRIPTIONS

PARENT AND CHILD I & II • 30 minutes

6 months to approximately 3 years

Children learn basic skills through blowing bubbles floating, kicking and other swimming skills.

PRESCHOOL I • 45 minutes

Approximately ages 3 to 5

Helps children become comfortable in water and learn basic water safety and swimming skills.

PRESCHOOL II & III • 45 minutes

Ages 3 to 5

Builds on skills from Level I and introduces advanced skills such as kicking and coordinating arm and leg movements. Must pass exit skills test to move up.

LEARN TO SWIM COURSE • 45 minutes

Ages 6 to 12

LEVEL I: Introduction to Aquatics Skills - Helps participants feel comfortable in water. Skills include back float, treading water, coordinating arm and leg movements, and age-appropriate water safety.

LEVEL II: Fundamental Aquatic Skills - Builds on skills learned in Preschool Aquatics OR Learn to Swim Level I. Learning objectives will include enter water by jumping, floating front and back, and changing direction of travel

LEVEL III: Stroke Development - Course will build on skills learned in Fundamentals. The dolphin and breaststroke kicks will be introduced to prepare for the butterfly and breaststroke swimming.

LEVEL IV/V: Stroke Improvement & Refinement - Course develops confidence and builds endurance in strokes learned in the previous classes and includes further coordination and refinement of all strokes. Skills introduced include: tuck and pike surface dives, and flip turns.

LEVEL VI: Skill Proficiency - To refine strokes so participants swim with more ease, efficiency, power and smoothness and over greater distances.

ADULT/TEEN SWIM • 45 minutes

Ages 13 & older

LEVEL I: Adult/Teen Basic - Course is design to help teens and adults overcome their fear of the water and to learn basic skills to achieve a minimum level of water competency.

LEVEL II & III: Adult/Teen Stroke & Skills Improvement - Course is design for teens and adults to improve foundation skills and strokes to gain an overall level of comfort in the water.

WEEKEND CLASSES

All weekend sessions are Saturday and Sunday.

AQUATIC COMPLEX

Session I

June 2 to June 17

9 a.m.

Preschool I
Intro Skills I

10 a.m.

Preschool II & III
Intro Skills I

11 a.m.

Preschool I
Fund. Skills II

12 p.m.

Preschool II & III
Stroke Imp IV/V

1 p.m.

Stroke Dev. III
Adult/Teen Basic I

Session II

July 7 to July 29

9 a.m.

Preschool I
Intro Skills I

10 a.m.

Preschool II & III
Fund. Skills II

11 a.m.

Preschool I
Stroke Dev III

12 p.m.

Fund. Skills II
Improve IV/Refine V

1 p.m.

Preschool II & III
Adult/Teen Stroke II & III

Session III

August 4 to August 26

9 a.m.

Preschool II & III
Intro Skills I

10 a.m.

Preschool II & III
Fund. Skills II

11 a.m.

Preschool I
Stroke Dev III

12 p.m.

Fund. Skills II
Improve IV/ Refine V

1 p.m.

Intro Skills I
Adult/Teen Basic I

CYPRESS POOL

Session I

June 2 to June 17

8:30 a.m.

Parent and Child I & II
Preschool I
Preschool II & III

9 a.m.

Parent and Child I & II

9:30 a.m.

Parent and Child I & II
Preschool I
Preschool II & II

Session II

July 7 to July 29

8:30 a.m.

Parent and Child I & II
Preschool I
Preschool II & III

9 a.m.

Parent and Child I & II

9:30 a.m.

Parent and Child I & II
Preschool I
Preschool II & II

Session III

August 4 to August 26

8:30 a.m.

Parent and Child I & II
Preschool II & III

9:30 a.m.

Parent and Child I & II
Preschool I

MULLINS PARK POOL*

Session I

June 2 to June 17

10 a.m.

Preschool I
Preschool II & III

11 a.m.

Preschool I
Intro Skills I

12 p.m.

Fund. Skills II
Stroke Dev. III

Session II

July 7 to July 29

10 a.m.

Preschool II & III
Intro Skills I

11 a.m.

Preschool I
Fund. Skills II

12 p.m.

Preschool II & III
Stroke Dev. III

Session III

August 4 to August 26

10 a.m.

Preschool II & III

11 a.m.

Fund. Skills II

12 p.m.

Stoke Dev. III

*Saturday classes at Mullins Park Pool, Sunday classes at Aquatic Complex (unless informed otherwise).

